



Arete Awards

for Courage in Sports

Wednesday, December 8, 1993

The Art Institute of Chicago
Chicago, Illinois

Arete is the ancient Greek term for "The pinnacle of human performance in its purest form; the pursuit of excellence through perseverance, goodness, valor, nobility and virtue." The athletes honored tonight are the embodiment of Arete. It is not for their victories alone that they are honored, but for the quality of their effort and the manner of their striving.

ARETE Award Participants

Florence Griffith Joyner

Florence Griffith Joyner is the fastest woman in the world. She elevated women's track to a new level with her remarkable performance in the 1988 Summer Olympics, when she won three Gold and one Silver medal. Joyner captured the world's affection with a rare combination of speed, grace and beauty. And the World Records that she set in the 100- and 200-meter events still stand today. Recently, Joyner and ex-basketball great Tom McMillen have been chosen to co-chair the President's Council on Physical Fitness and Sports. As husband Al Joyner trains for the Decathlon and Triple Jump in the Olympic Games in Atlanta, Florence Griffith Joyner intends to add "endurance" to her own athletic goals. In 1996 she will compete for a fourth Gold medal in the Women's Marathon.



Guy Lafleur

Guy Lafleur is one of the most recognizable names in hockey—a true symbol of excellence on the ice. Born in Thurso, Quebec, he was selected first overall in the 1971 draft. During Guy's 14 memorable seasons in Montreal, the Canadiens were a dynasty, winning five Stanley Cups. In 1988 he signed as a free agent with the New York Rangers and then a year later joined the Quebec Nordiques. Guy's career ended in 1991, but only after setting many National Hockey League records and winning numerous awards and trophies. Guy was inducted into the Order of Canada in 1979 and the Hockey Hall of Fame in 1988. He was also the winner of two MVP awards and was named First Team All-Star six times. Today Guy still holds many NHL records and is ranked eighth among NHL All-Time point leaders.



Nancy Lopez

Known as one of the LPGA's greatest all-time golfers, Nancy Lopez has won the hearts of many fans with her grace and style. Her outstanding career began in 1977. The next year she won nine tournaments, including a record setting five in a row. Her amazing performance earned her the titles of LPGA Rookie of the Year and Rolex Player of the Year. Since then, Nancy has won numerous golf championships. In 1987, she became the 11th member of the LPGA Hall of Fame, after collecting her 35th career victory, and was later inducted into the PGA World Golf Hall of Fame. In her 1992 golf season, Nancy recorded 12 top ten finishes and won back-to-back tournament titles.



Mary Lou Retton

Mary Lou Retton began gymnastics classes at age seven and moved to Houston at 14 to train with coach Bela Karolyi. Mary Lou catapulted to international fame by winning the All-Around Gold Medal in women's gymnastics at the 1984 Olympic Games in Los Angeles, becoming the first American woman ever to win a Gold Medal in gymnastics. She also won Silver Medals for Team and Vault, and Bronze Medals for Uneven Bars and Floor Exercise. Her five medals were the most won by an athlete at the '84 Olympics. Mary Lou currently serves as a Special Advisor to the President's Council on Physical Fitness and Sports. The youngest inductee into the USOC Olympic Hall of Fame, Mary Lou has received countless awards and honors, including being named by a recent Associated Press sports survey as the most popular athlete in America.



Stan Smith

Stan Smith's exceptional speed, strength and accuracy have earned him a permanent place among the all-time greats in tennis. He dominated the game for much of the '70s and among his 39 career singles titles are Wimbledon and the United States Open. Stan's career 61 doubles titles include four U.S. Open crowns with long time partner Bob Lutz. Within the last ten years he has devoted time and energy to the United States Tennis Association and acted as director of the Player Development Program, personally taking responsibility for American's future in his beloved sport.



The ARETE Awards Television Presentation

WELCOME

Mr. Charles Besser
Intersport Television

THE MEANING OF ARETE

ARETE Host
Mr. Jack Whitaker

ARETE Chairman
Mr. Ken Venturi

INTRODUCTION OF SELECTION COMMITTEE AND PRESENTERS PRESENTATION OF AWARDS

Junior: Justin Helstein

Amateur: Charles Johnson

Senior: Hank Dekker

Professional: Mario Lemieux

Superlative Performance: Evander Holyfield
Vicki Van Meter

ARETE TRIBUTE

Heather Farr

ARETE LIFE ACHIEVEMENT AWARD

Arthur Ashe

TELEVISION BROADCAST

Tuesday, December 14, 1993
9:30 pm, Central Standard Time
ESPN

Thursday, January 20, 1994
12:00 noon, Central Standard Time
ESPN

Saturday, January 15, 1994
6:00-7:00 pm, Central Standard Time
WLS-TV/Channel 7

Sunday, January 16, 1994
4:00-5:00 pm, Central Standard Time
WLS-TV/Channel 7

December 15, 1993 — January 16, 1994
National Broadcast Syndication
(Check local listings for dates and times)

We respectfully request no photographs during the television program. Thank you.

ARETE Award Recipients

Justin Helstein—Junior

Justin Helstein was a talented hockey player when he sustained massive head injuries in a car accident. He was comatose for three months and doctors gave him little hope of recovery. His father agonized over "pulling the plug." Justin was a huge New York Rangers fan and when Rangers center Marcel Dionne heard of his plight, he offered to visit. Incredibly, Justin's eyes opened in recognition of Dionne's voice. Dionne discovered that goalie John Vanbiesbrouck was Justin's special hero, so he returned several days later with John. Justin slowly emerged from the coma, but couldn't walk or talk and his right side was paralyzed. Progress was slow, but once the therapist began implementing hockey-related drills, there was no stopping Justin. He learned to dress by putting on a hockey uniform, and regained the use of his curled arms and hands by using a hockey stick. Today Justin continues to amaze his doctors and family. His determination is an inspiration to everyone.



Charles Johnson—Amateur

Charles Johnson was recently voted Most Valuable Player for the nationally ranked University of Colorado football team. He is one of the top receivers in the nation. But what is remarkable about Charles is that despite a troubled childhood, he emerged to become an exceptional athlete and student. Raised by a mother who abused cocaine and barely acknowledged her children, Charles and his sister were often left to fend for themselves. During one four-year period, they lived in fifteen different places in San Bernardino County. Unable to bear the pain, Charles was near suicide when his sister helped him through his desperation. And football gave Charles a reason to live. He attended almost every high school practice and was a top choice among college recruiters. After three years at Colorado, Charles graduated with a marketing degree and takes extra classes to keep his eligibility this season. He is touted as a likely first-round NFL pick next year.



Hank Dekker—Senior

When Hank Dekker lost his sight 16 years ago, he also lost his job, his wife and all of his money. He became destitute and lived among the homeless in San Francisco. Eventually Hank realized his disability was not the end of his life and he found inspiration in sailing. His new attitude changed his life. A world class sailor, Hank is the only blind person to sail alone twice from San Francisco to Hawaii. He uses a Braille compass and navigational chart, as well as a voice-sensitized Global Positioning System. When Hank attempted to sail across the Atlantic last August, he encountered a severe thunderstorm, and his boat was struck by lightning. Despite the close call, he is preparing for his second attempt at a cross-Atlantic voyage, which he intends to begin in May. Currently, Hank is a motivational speaker, however, he is most at home on the high seas, as sailing brings him his greatest feelings of freedom and accomplishment.



Mario Lemieux—Professional

Last fall Mario Lemieux was preparing to defend the Pittsburgh Penguins' two consecutive Stanley Cup titles, when he discovered that a lump on his neck was the first stage of Hodgkin's disease. Heralded as the Penguins' savior when he entered the league in 1984, Mario has emerged as one of the greatest hockey players of all time. But his illness would change his outlook on life forever. Intensely painful and frequent radiation treatments deprived Mario of most of his strength. But he assured his teammates that he would return before season's end, and remarkably, hockey's brightest star was back in the lineup *two months* after being diagnosed with cancer. In his first week back, the Penguins won 17 straight games, an NHL record. During that streak, Mario scored 27 goals and assisted on 24 others, wrapping up his fourth scoring title. A fellow teammate has said that Mario's triumph "... is more than a hockey story ... or a sports story. It is a *life* story."



Arthur Ashe—Life Achievement

Arthur Ashe is the embodiment of courage and grace not only on the tennis court, but in the arena of life as well. One of the greatest to ever play the game of tennis, he was twice ranked number one in the world, and became the first African-American to win a Wimbledon title. With his quiet determination and strong conviction, in sport as well as matters of social injustice, Arthur held himself and others to the highest standards. In 1988 he was shocked to discover he had contracted the HIV virus from a blood transfusion he received during open heart surgery five years earlier. After going public with the disease, Arthur devoted the poise and strength that made him an esteemed human rights advocate and great tennis champion to the battle against AIDS. The life story of Arthur Ashe though ended too soon, will long endure.



ARETE Awards for Courage in Sports

Jack Whitaker, Host

Jack Whitaker has always had a reputation for being one of television's most respected, versatile and knowledgeable sports commentators. He joined ABC Sports in 1982. Whitaker has used his considerable talents in a variety of ways for both ABC News and Sports. He has been a part of ABC's reporting teams at the 1988 Winter Olympic Games at Calgary and the 1984 Winter and Summer Olympic Games. On the news side, Whitaker has reported sports for ABC's "World News Tonight," "ABC News Nightline" and "20/20". The veteran broadcaster, winner of an Emmy Award as "Outstanding Sports Personality" in 1979, was named Best Announcer by Sports Illustrated in 1976. He also has received an honorary Doctor of Arts Degree from his alma mater, St. Joseph's University, in his native Philadelphia.



Ken Venturi, Chairman

Former professional golfer Ken Venturi inspired the Arete Awards for Courage in Sports after his miraculous effort in the 1964 U.S. Open. Venturi suffered heat stroke during the final round of competition, and against doctors' advice, he continued to play and eventually won the championship, highlighting a brilliant career in which he won 14 titles in a brief ten and a half years on the tour. This determination and competitive spirit led Venturi to numerous awards, including Sports Illustrated's "Sportsman of the Year," P.G.A. "Player of the Year," and "Come-back Player of the Year". Currently, Venturi is celebrating his 26th year as a golf analyst for CBS Sports.



ARETE Superlative Performance Award Winners

Evander Holyfield

As the final bell sounded on Saturday, November 6, 1993, Evander Holyfield made an indelible mark in heavyweight boxing history, when he became only the fourth fighter to regain the World Heavyweight Boxing Title in a grueling match against Riddick Bowe. Holyfield prevailed against a bigger and younger boxer in Bowe, who tasted defeat for the first time in his professional career. Evander Holyfield brings his quiet dignity to a sport that is all too often preoccupied with empty flash and false bravado. His stunning bout against Buster Douglas earned him the Undisputed Heavyweight Boxing Title in 1990. But the Holyfield-Bowe fight in 1992 set the standard for ring warfare that went unmatched until their most recent contest. The "Repeat or Revenge" fight marked just the 22nd bout in which the same two heavyweights have renewed hostilities for the sport's biggest prize. Heavyweight title or not, Holyfield maintains that "... it's not the size of the man, but the size of his heart that matters."



Vicki Van Meter

Setting three aviation records along her 2,900 mile journey, eleven year-old Vicki Van Meter is the youngest female pilot to fly across the United States. Even though she is five years too young for her solo pilot's license, Vicki flew a single engine Cessna 172 from Augusta, Maine to San Diego with her flight instructor by her side. They made a few stops for overnight stays and refueling while encountering some turbulent weather along the way. Vicki fought off a queasy stomach to stay at the controls for the entire trip. Although she has only been flying for about a year, Vicki is already planning her next journey: to fly Amelia Earhart's route across the Atlantic. To prepare herself for the transatlantic flight, she wants to fly to children's hospitals around the country and spend time with sick youngsters. Vicki's goal is to become an astronaut and work for NASA.



ARETE Tribute

Heather Farr

Heather Farr's competitive record in golf was quite impressive, but it was nothing compared to the battle she waged against breast cancer. In 1986 at 20 years of age, Heather became the youngest player ever to qualify for the LPGA circuit. But her golf career came to a halt in 1989 when a cancer diagnosis resulted in a mastectomy. Determined to return to the tour in the fall of 1990, Heather endured another set back, when doctors discovered the cancer had spread to the back of her skull and vertebrae. After a radical 13-hour surgery, Heather thought she had finally rid herself of the disease. But tragically, the cancer resurfaced in her pelvic bone and skull. Just last month, after eight harrowing surgeries, Heather Farr lost her battle with breast cancer, but she will be forever remembered as a true champion, one endowed with remarkable courage and incredible spirit.



The Children's Memorial Medical Center

The Children's Memorial Medical Center ranks among a handful of institutions in the world setting the standards for treating diseases and disorders which strike infants and children. It has developed an international reputation for offering an exceptional level of treatment to children with even the most severe and unusual illnesses.

Complemented and enhanced by first-rate education and clinical research programs, Children's outstanding patient care has made it a highly respected and beloved Chicago institution for many decades. With its 265 beds, its much-in-demand outpatient specialty services, and its affiliation with Northwestern University Medical School, Children's is one of the Midwest's busiest medical centers, with 180,000 patient visits last year.

Proceeds from tonight's Arete Awards Ceremony will benefit Children's Memorial through The Children's Miracle Network—the largest annual telethon in the world, benefiting 160 hospitals for children throughout the United States and Canada. Since joining the network in 1985, over \$13 million has been raised to support patient care programs and research at Children's. The Medical Center is especially delighted and honored to have among our outstanding group of celebrity guests this evening, Mary Lou Retton, a member of the Children's Miracle Network Board of Governors and Chair of the CMN Sports Dream Team.

Special Thanks

American Airlines	The Sheraton Chicago Hotel and Towers
Marjie Best/Best Design	Premier Limousine
The Children's Miracle Network	Ambassador South Limousine
Gingiss Formalwear	WLS-TV/Channel 7
Intersport Television	

ARETE Award Selection Committee

Tonight's nominees were selected from candidates submitted by sports editors representing America's top 500 newspapers. ARETE winners were chosen by the ARETE Selection Committee:

Jim Abbott	Mary Lou Retton
Rocky Bleier	Pat Summitt
Mike Ditka	Joe Theismann
Florence Griffith Joyner	Ken Venturi
Billie Jean King	Dave Winfield
Mike Krzyzewski	